

# Yong Tae Pak, M.D.

2520 Ryan Rd. #50, Concord, CA 94518

cell phone: (214) 354-2809

yongpak75@hotmail.com

## Education/Residency

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- 2005-2006 **Integrated Pain Management.** Concord (San Francisco Bay Area), CA  
Pain Management Fellowship.
- 2002-2005 **Baylor University Medical Center.** Dallas, TX  
Physical Medicine and Rehabilitation Residency.
- 2001-2002 **John Peter Smith Hospital.** Fort Worth, TX  
Transitional Internship.
- 1997-2001 **University of Oklahoma College of Medicine.** Oklahoma City, OK  
M.D., June 3, 2001.
- 1993-1997 **University of Oklahoma.** Norman, OK  
B.S., Zoology with minor in Chemistry, *summa cum laude.*

## Procedures

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- Electromyography/ nerve conduction studies.
- Botox injections.
- Intrathecal pain pump refills/reprogramming/trials.
- Cervical/lumbar epidural steroid injections.
- Cervical/lumbar transforaminal steroid injections.
- Cervical/lumbar facet injections.
- Cervical/lumbar facet radiofrequency ablation.
- Trigger point injections.
- Spinal cord stimulator trials.
- Sacroiliac joint injection.
- Sacroiliac joint radiofrequency.
- Discography.
- Intra-articular joint injections.
- Stellate Ganglion Blocks.

## Honors and Awards

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- 2002 **Outstanding Transitional Intern** in Pediatrics.
- 1998 **Honors Research Grant.** Awarded by Presbyterian Health Foundation and University of Oklahoma College of Medicine.
- 1994-1997 **Alumni Honor Scholar.** Merit award for upperclassman.
- 1997 **Phi Beta Kappa.** Honor Society.
- 1993 **Wal-Mart Scholarship.** Merit award.
- 1993 **University Honor Scholar.** Merit award.

## Research

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- 1998 **Honors Research Fellow.**  
Yong Pak, Philip B. Adamson, MD. *Aldosterone Increases the Incidence of Ventricular Arrhythmias in Dogs with a Healed Myocardial Infarction.*
- 2002-2005 Yong Pak, MD, Barry Smith, MD. *Does admission on Friday vs. Sunday/Monday Effect Inpatient Rehabilitation Length of Stay for Unilateral Total Knee Replacements?*

## Extracurricular

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- 2002-2005 **Lectures:** Texas Women's University School of Occupational Therapy. Cardiac and Pulmonary Diseases; ALS, MS, and Guillain-Barre; and Parkinson's Disease.
- 2002-2005 **Sport Medicine:** High school football team physician: Lancaster, Texas; White Rock Marathon; Hoop it Up (Basketball); Dallas Cup (Soccer).

## References

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- Jacob Rosenberg, MD Integrated Pain Management, 2485 High School Ave. #201 Concord, CA 94520 (925) 691-9806  
Kenneth Kim, MD Integrated Pain Management, 2485 High School Ave. #201 Concord, CA 94520 (925) 691-9806  
Mary Carlile, MD Baylor Institute for Rehabilitation, 3505 Gaston Ave. Dallas, TX (214) 820-9300

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